

Useful telephone numbers

Barrington Medical Centre : 0161 928 9621

- Opening hours Monday to Friday, 8.00am to 6.30pm.
- Dial this number when we are closed to listen to our recorded message for out of hours medical care.

Altrincham Minor Injuries Unit : 0161 413 7705

- Railway Street, Altrincham
- Open Monday to Friday 8am – 8pm (weekends and bank holidays 10am to 6pm with the exception of Christmas, Boxing and New Years 's Day)

Out of Hours GP Service : NHS 111 dial 111

- If you need to see a GP urgently when we are closed (6.30pm to 8.00am Monday to Friday, all bank holidays and all weekends)

Trafford Urgent Care Centre : 0161 746 2619

- Open 8am to 8pm every day.
- Former A&E located Trafford General Hospital Moorside Road

Trafford Walk-in Centre : 0161 747 4978

- A walk-in service for the treatment of minor injuries for all age groups
- Open 8am to 8pm and co-located with the Urgent Care Centre

Accident & Emergency Departments

- **Manchester Royal Infirmary (Adults) :** 0161 276 4147
Upper Brook Street, Manchester M13 9WL
- **Royal Manchester Children's Hospital :** 0161 701 9101 / 2
Hathersage Road, Manchester M13 9WL
- **Salford Royal Hospital :** 0161 789 7373
Stott Lane, Salford M6 8HD
- **Wythenshawe Hospital :** 0161 998 7070
Southmoor Road, Manchester M23 9LT

Dental Care

- **In Hours Routine and Emergency :** 0161 476 9649
8.00am to 6.30pm
- **Out of Hours Urgent Service :** 0161 337 2246
6.30pm to 8.00am

Barrington Medical Centre

Urgent Medical Care Patient Information



Access to urgent medical care
during surgery hours and
when we are closed.

Telephone: 0161 928 9621

Fax: 0161 926 9317

www.barringtonmedicalcentre.co.uk

Our Doctors and Nurses are responsible for all your routine medical requirements - our separate appointments leaflet explains the different types of appointments that are available with our clinical team and how we manage those appointments to meet the needs of our patients efficiently.

A variety of situations can arise where a patient feels the need for urgent or emergency medical attention and there are a number of ways that this should be handled appropriately - responding to a request for urgent medical attention can create significant pressure in an already demanding environment.

At this practice, urgent (same day) appointments are seen at the end of surgery and reduce the time required for authorising prescriptions, dealing with referrals and correspondence or attending a home visit before the next surgery. As the appointment is at the end of a busy surgery you may also experience a wait before you are seen.

It is therefore important to think carefully about who the right person might be to talk to, or get advice or treatment from.

Self Care – when it’s not an emergency

Lots of health problems can be treated just by looking after yourself.

Problems such as vomiting, diarrhoea and tickly coughs can be treated at home by keeping a well-stocked medicine cabinet with a supply of over the counter painkillers and antiseptic products. Drinking fluids and plenty of rest are also important if you are feeling unwell.

Pharmacist

Your pharmacist is a health professional and able to provide advice and treatment for :

- colds, flu, stomach upsets and cold sores
- skin conditions, allergies and head lice treatment
- cystitis, urinary infections and thrush
- emergency contraception

Urgent (same day) appointments at the surgery

- Will the problem wait until the next available routine appointment ?
- Could self care or the advice of a pharmacist help ?

If the answer to these questions is no and the surgery is open you should contact our reception team for an urgent, same day appointment.

An urgent appointment at the surgery :

- **is a 5 minute appointment for one person with one problem**
- **is at a specific time with the next available clinician**
- **may be with a Practice Nurse who has had additional training and has the support of an on-site GP if needed**

As we are responding to an urgent request it is not possible to have a specific appointment time, a choice of GP / Practice Nurse or specific gender of clinician.

It is important that urgent appointments are not used inappropriately simply to access care more quickly or conveniently. We may offer you advice about how similar situations should be managed differently in the future.

Urgent medical care when we are closed

Will the problem wait until we re-open ?

If the answer to this is no, then you should contact the surgery by telephone to listen to the options available to you. This will include contacting the out of hours service provide NHS111, attending a walk-in centre, minor injuries or urgent care centre.

A list of useful telephone numbers is included on the back of this leaflet.

Remember, A&E and 999 should only be used in emergencies. If you access urgent care and emergency services inappropriately you may be turned away and directed to another NHS service.

Chest pains and a shortness of breath constitute an emergency.